



# Riverdale Ridge Football

## Important Dates 2024

NOW Jan-8 - May 16th Strength and Conditioning Program after school for kids not in a spring sports season or a strength class. **Incoming Freshmen can start on May 1.** *I will send out a sign-up form closer to the, but we want kids to FINISH their spring season whatever that may be.*

MONDAY NIGHT LIGHTS TBA April 1- May weather permitting 6 to 8 PM **Incoming Freshmen can start after May 1.**

**Incoming Freshmen camp May 1 and 2 (6:30 on the 1st) 7:00-9:00 PM in the stadium**

**May 28-31, June 3-7/8 Team Camp 6:00 AM-9:00, weekend off, Scrimmage vs TBA**

Registration is due (\$150). Camp Check-in will occur the week of May 20th Time TBA for ALL grade levels. (Kids will get their camp gear ordered in March). We will Check out: Helmet, shoulder pads, practice gear, etc.

June 10-July 30 SUMMER STRENGTH and CONDITIONING PROGRAM  
will be open 8-10 AM Monday -Thursday

June 13-17/TBA Varsity Broncos 7 on 7 week. Times and Dates TBA

June 18 and 25 7 on 7 10:30 AM -12 vs various teams

July 9 and 16 7 on 7 10:30 AM @ Riverdale Ridge

Youth Camp July 22-25 6- 8 PM

**July 31 afternoon - August 7 OFF NO Football Activities -  
A great time for vacations**

August 8th- 9th grade Orientation/August 9th 1st day of school - All Grades

August 12th 1st day of Official CHSAA Football Practice 5:00 PM - 7:30

Friday, August 23rd Scrimmage vs TBA 7:00 Varsity. \*\*

**\*\*A reminder: Athletes must have 9 days of practice to scrimmage and or play in a game as per CHSAA regulations.**