



Riverdale Ridge Football 2022

Feb 2nd - May 19th Strength and Conditioning Program after school for kids not in a spring sport season or in a strength class.

May 2 and 3 Mini Camp 6:00-8:00 PM - Football Field - **FOR INCOMING FRESHMEN**
Learn the new terminology and drills for the upcoming team camp.

May 31th - June 10/11th Summer Team Camp

Registration is due (\$150). I

Camp Check in will take place on the 24th of May 4:40 for upperclassmen, 5:20PM for incoming Freshmen (Kids will get their camp gear ordered in Feb). Check out; Helmet, shoulder pads, etc.

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May 31-June 3, June 6-10/11 Team Camp 6:00 AM-9:00, weekend off, May 31- June 3, June 6-10/11
6:00-9:00 Scrimmage vs TBA

May 31-July 30 SUMMER STRENGTH and CONDITIONING PROGRAM
will be open 8-10 AM Monday -Thursday
Week of May 31, June 6 9-11AM

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| June 14-18 | Varsity Broncos 7 on 7 week. Times and Dates TBA |
| June 21 | 7 on 7 10:30AM -12 vs various teams |
| June 22 | Lineman Challenge @ Smoky Hill 7:30 -12. |
| June 27/28 | 7 on 7 Tourney TBA |
| July 12 and 19 | 7 on 7 10:30AM @ Riverdale Ridge |

Youth Camp July 25-28 TBA

July 28 afternoon - August 5 OFF **NO Football Activities - A great time for vacations**

August 5th Season Check in 5 to 7 PM Locks/Lockers/ETC

August 8th 1st day of Football Practice 5:00 PM - 7:30

August 9th- 9th grade Orientation/August 10th 1st day of school - All Grades

Friday August 19th Scrimmage vs TBA JV 7:30 Varsity .

A reminder: Kids have to have 9 **days** of practice to scrimmage and or play in a game as per CHSAA.