

Riverdale Ridge Football

PRACTICE AGENDA

Sept 23 –Sept 30

Monday OFF Varsity

“C” Game Day

2:00

2:30

4:00

6:30

BYE WEEK

JV Players in

Bus Leaves

Riverdale Ridge vs Ft Lupton

Return to Riverdale Ridge

Tuesday - Helmets only

4:50

6:50

7:10

Film E101

Off field

Players home

Wednesday –Shells

4:50

6:45

7:00

Team W/O - Defensive Day

Players off field

Players home

Thursday - Shells

4:50

6:45

7:00

Team W/O -

Players off field

Players home

Friday-

Off Enjoy the weekend

Saturday -

Off enjoy the weekend

Monday - Helmets only

2:45

3:00

4:10

6:00

6:15

Players in

Film/Game PlanE 101

Field Team W/O

Off Field

Players home

IT IS A POLICY OF THIS PROGRAM THAT ALL PLAYERS
PRACTICE ON ALL SATURDAYS AND ON ALL HOLIDAYS
DURING THE SEASON.

AN UNEXCUSED ABSENCE FROM PRACTICE WILL RESULT IN
LOSS OF PLAYING TIME!