

Riverdale Ridge Football

PRACTICE AGENDA

SEPT 9-16

Monday - OFF Saturday Game

<u>Tuesday</u> - Helmets only	4:50PM	Offensive Game Plan Meeting - E101
	5:05	Defensive Game Plan Meeting -E101
	5:30	Team W/O Split Day
	7:05	Off Field
	7:15	Players home

<u>Wednesday</u> -Shells	4:50	Pictures Individuals and team
Game Gear Blue Pants	5:30	Change into Shells
	7:20	Off field
	7:30	Players home

<u>Thursday</u> - Shells	4:50	Team W/O - Offensive Day
	6:55	Players off field
	7:10	Players home

Friday - Helmets only	4:50	Team W/O - Specialties/walk through
	6:30	Check Out Game gear
	7:00	Parent Dinner
	7:30	Players home

<u>Saturday</u> - Game Day	12:15	Team Dinner - Commons - Burritos
	12:35	Position/Team Meetings
	1:00	Prepare bags
	1:25	Bus to Arvada NACC
	2:00	Dress and tape
	2:30	Field All - Pregame
	3:30 PM	Riverdale Ridge @ Arvada
	6:30	Return to Riverdale Ridge

<u>Monday</u> - Shells	2:45	Players in
	3:00	Offensive Film/Game Plan
	3:30	Defensive Film/Game Plan
	4:10	On Field Team W/O
	6:20	Players home

IT IS A POLICY OF THIS PROGRAM THAT ALL PLAYERS
PRACTICE ON ALL SATURDAYS AND ON ALL HOLIDAYS
DURING THE SEASON.

AN UNEXCUSED ABSENCE FROM PRACTICE WILL RESULT IN
LOSS OF PLAYING TIME!